



**THIS DOCUMENT CONTAINS INSTRUCTIONS FOR IMMIGRANT VISA APPLICANTS RESIDING IN SWEDEN, DENMARK AND NORWAY. PLEASE BE SURE TO READ AND FOLLOW THE GENERAL GUIDELINES AS WELL AS THE DIRECTIONS SPECIFIC TO YOUR COUNTRY OF RESIDENCE.**

### **MEDICAL EXAMINATION – GENERAL GUIDELINES**

**Please note that immigrant visa interviews for applicants residing in Sweden, Denmark, and Norway will all be conducted at the U.S. Embassy in Stockholm, Sweden. However, the medical exam will be conducted by a panel physician in the applicants' country of residence. It is therefore important that each applicant instruct the panel physician to forward their results directly to the U.S. Embassy in Stockholm.**

Before the issuance of an immigrant visa or a fiancé(e) (K-1) visa, **every alien, regardless of age**, must undergo a medical examination prior to his/her visa interview. This means that **accompanying spouses and children** of visa applicants must **also** have a medical examination.

**IMPORTANT:** The entire medical examination, the chest X-ray and the serological test for syphilis must be performed by a designated panel physician (see lists below). Medical examinations may **not** be done at U.S. military facilities, by physicians in the United States, or by a family physician. Chest X-rays and the serological test are normally not required for children under 15 years of age.

You are responsible for making an appointment with one of the panel physicians in your country of residence. Please note that we can conduct your interview prior to receiving your medical report. However, we cannot complete the processing of your visa application until we have received your medical report and all other requirements for your application have been met. When making your appointment, please be sure that the physician knows your examination is for an immigrant/fiancé(e) visa so that the physician can set aside the appropriate amount of time. The physician will mail the results of the examination directly to the U.S. Embassy in Stockholm, Sweden.

**Any questions regarding the medical exam or documentation must be directed to one of the panel physicians in your country of residence.**

### **VACCINATION REQUIREMENTS – GENERAL GUIDELINES**

All immigrant visa applicants are required to obtain certain vaccinations prior to the issuance of the immigrant visa. You may need to have one or more of the vaccinations listed below, depending on your age. The panel physicians who conduct medical examinations of immigrant visa applicants are required to verify that applicants have met the vaccination requirements, or that it is medically inappropriate for the visa applicant to receive the required vaccinations. If born after 1956, Diphtheria/Tetanus (within the last 10 years) and MMR are always required. The other listed vaccinations may be required for specific age groups. The panel physicians can give you more information.

*Mumps	*Measles	*Rubella	Meningococcal
*Polio	Pertussis	Rotavirus	Tetanus and diphtheria toxoids
Hepatitis B	*Varicella	Hepatitis A	Influenza type b (Hib)

\*Contraindicated for pregnant woman and immune-deficient individuals.

In order to assist the panel physician and avoid delays in the processing of an immigrant visa, all immigrant visa applicants should have their vaccination record available for the panel physician to review at the time of the immigrant medical examination. Visa applicants should consult with their regular health care provider to obtain a copy of their immunization records if one is available. If you do not have a vaccination record, the panel physician will work with you to determine which vaccinations you may need in order to meet the requirements. Certain waivers of the vaccination requirement are available upon the recommendation of the panel physician.

It is recommended that you have all vaccinations up-to-date before you see the panel physician. Although the panel physician can administer some vaccines, he/she does not keep all of them in stock. The panel physicians charge an extra fee for administering vaccines.

Only the panel physicians can determine which of the listed vaccinations are medically appropriate for you, given your age, medical history and current medical condition.

### **Making an Appointment for Applicants Residing in SWEDEN**

The designated panel physicians in Sweden are:

#### **Stockholm**

Dr. Jan Arlestig  
Sibyllekliniken  
Karlavägen 56  
114 49 Stockholm  
Tel: 08-662 81 00  
Phone hours Monday –Thursday 14.00-16.00  
Email: [helena.jonsson@sibyllekliniken.com](mailto:helena.jonsson@sibyllekliniken.com)

#### **Göteborg**

Dr. Einar Persson  
Kungssportsläkarna  
Kungssportsavenyn 10  
400 10 Göteborg  
Tel: 031-339 99 70  
Phone hours Monday – Friday 08.00-17.00

#### **Malmö**

Dr. Carl Olof Welin  
Citykliniken  
Malmborgsgatan 4  
211 38 Malmö  
Tel: 040-611 10 40

You must make an appointment for your medical exam, preferably BEFORE your visa interview. Be sure to take your **passport, a separate passport photo, and your vaccine record** with you to your medical exam. You are liable for any and all examination fees. The medical exam is valid for six months. When you call to make your appointment, you will also receive instructions about how and where to have the chest x-ray and blood work performed.

### **Fees for Applicants Residing in SWEDEN**

The physical examination is approximately 3100 SEK for adults and 1000 SEK for children under 15. There are separate fees for the chest X-ray and blood work for the serological tests; associated fees are paid directly to the laboratories. There are also additional fees for vaccinations if you are required to have them; these vary depending on the particular vaccination(s) required. When all the necessary tests have been completed, the physicians will send the results and the completed medical examination directly to the Embassy within two weeks.

## **Making an Appointment for Applicants Residing in DENMARK**

The designated panel physicians in Denmark are:

Carl Bryld, Mette Gabriel,  
Ole Kraft & Kasper Banke Kristensen  
Danmarks Rederiforening  
Lægekantoret  
Amaliegade 33  
1256 Copenhagen K  
Tel.: 33 11 40 88  
Phone hours: 9 a.m. - 2:00 p.m.  
Monday – Friday  
**Email: [medicaloffice@shipowners.dk](mailto:medicaloffice@shipowners.dk)**  
**[www.medicaloffice.dk](http://www.medicaloffice.dk)**

You must make an appointment for your medical exam, preferably BEFORE your visa interview (if applying for an immigrant visa). When you call to make your appointment, you will receive instructions about how and where to have the chest x-ray performed.

Be sure to take your **passport, a separate passport photo, your vaccine record, for all male applicants: Military service record or Certificate of Unfitness for Military Service or Rejection stating grounds of disability, glasses/contact lenses if any and a complete list of any medications you take** with you to your medical exam. You are liable for any and all examination fees. Please note that you must bring your passport for your appointment with the radiologist as well.

## **Fees for Applicants Residing in DENMARK**

The physical examination costs 2950 Dkr for adults and 1200 Dkr for children under 15. The separate fee for X-rays of 500 Dkr is included in this amount and will be paid directly to the X-ray clinic. There are additional fees for vaccinations (if required) and any additional serological tests (if required). The fees must be paid to the physician and radiologist respectively at the time of your appointment. When all the necessary tests have been completed the physician will send the results and the completed medical examination directly to the Embassy.

## Making an Appointment for Applicants Residing in NORWAY

The designated panel physician in Norway is:

### Oslo

Dr. Torbjorn Haugen  
Dr. Thor Arne Grønnreød  
Ullevaal Stadion,  
Sognveien 75F

Tel: 22 02 68 33  
Fax: 22 02 68 11

Email: [info@emigrationmedical.com](mailto:info@emigrationmedical.com)

For the physician in Oslo: the answering machine is checked several times every day, Monday to Thursday. Leave a message and you will be contacted as soon as possible. Remember to give a telephone number or a fax number. Please use the attached referral when doing blood test and X-day.

You must make an appointment to be examined, preferably BEFORE your visa interview. Because of the doctors' schedule, you should call to arrange the appointment date several weeks in advance of your visa interview at the Embassy. Be sure to take **your passport, one passport photo, your vaccine record, and the completed sheet signed by the X-ray and lab technicians to the examination.**

### Chest X-ray and Blood Tests for Applicants Residing in Norway

The X-ray examination and the serological test for syphilis must be done in Norway at the facilities specified by our panel physicians. The chest X-ray and the serological (blood) test must be taken less than 90 days before your general medical examination by the panel physician. The results of the test are sent directly to the panel physician – allow time for them to reach the panel physician before your appointment with the physician. The medical exam is valid for six months.

Each individual having an X-ray and blood test performed **MUST PROVIDE PHOTO-ID (PASSPORT) TO THE LABORATORY TECHNICIANS.**

### Fees for Applicants Residing in Norway

You are liable for any and all examination fees. The physical examination is approximately 3000 NOK for adults and 1000 NOK for children under 15. The fees may be paid in cash or by credit card. There are separate fees for the chest X-ray and the serological tests which are paid directly to the laboratories that perform the tests. These prices may be higher for non-residents of Norway. There are also additional fees for vaccinations if you are required to have them; these vary depending on the particular vaccination(s) required.

The physicians will mail the results of the completed medical examination to the U.S. Embassy in Stockholm. If you would like expedited handling of your medical examination (i.e., the results sent to the Embassy in fewer than three days, or if the blood and X-ray results were not provided in advance and the results are needed quickly) the price of the examination doubles (6000 NOK for adults and 2000 NOK for children). Please note that this will not affect the processing time of the visa application.

Any questions regarding the medical exam or documentation must be directed to the panel physician.