



INSTRUCTIONS FOR MEDICAL EXAMINATION

The following doctors have been approved by the Consulate General to give medical examinations, immunizations and laboratory tests for immigrant visa applicants. The examination and immunizations they provide conform to the standards and terminology prescribed by the United States Public Health Service (USPHS).

All applicants must have tests performed at Lister Metropolis Laboratory. You need not schedule an appointment at Lister Metropolis Laboratory, but should allow several working days before your immigrant visa interview for any follow-up laboratory tests that must be completed. Applicants must appear at the laboratory between 8:00 am and 10:30 am in order to receive their laboratory results the same day.

Lister METROPOLIS Laboratory & Research Center Pvt. Ltd.

No. 13 (Old No. 6) Jagannathan Road, Nungambakkam, Chennai 600 034

Tel: 4205-5555 **Fax:** 4233-3636 **Hours:** 7:30 to 12:00 noon, Monday through Saturday; report pick-up daily 4:30 to 5:30 pm

The physician's visit must occur after the laboratory tests and should take place at least three working days before your visa interview at the Consulate. Although several panel physicians see patients on a walk-in basis if workload permits, you are strongly encouraged to make an appointment at the clinic of one of the doctors listed below. Please do not schedule an appointment with more than one doctor. If you are unable to visit the doctor with whom you have fixed an appointment, you must cancel your appointment at least two hours prior to the appointment time. Bring the laboratory test results with you when you visit the panel physician. The completed medical reports which will subsequently be given to you by the physician must be brought to the Consulate General at the time of your visa interview. You may see any of the following physicians:

Dr. Mathai Thomas, Best Hospital Pvt. Ltd., 9 Vellala Street, Kodambakkam, Chennai 600 024

Tel: 2483-2777, 2483-2781 **Mobile:** 98400-72444 **Hours:** 4:30 pm to 7:30 pm, Mon. – Sat.

Dr. V. Rajkumar, 1 Club Road, Behind T.B. Hospital, Chetpet, Chennai 600 031

Tel: 2836-1582 **Mobile:** 98410-36241 **Hours:** 8:00 am to 12:00 noon & 4:00 pm to 7:00 pm, Mon. – Sat.

Dr. Sanjan John, 9 Dr. T.V. Naidu Road, (off Spurtank Road), Chetpet, Chennai 600 031

Tel: 2836-1519, 2836-0808 **Mobile:** 98410-86804 **Hours:** 4:30 pm to 7:30 pm, Mon. – Sat.

Dr. N. Vijayalaksmi, Padma Nursing Home, 753 Poonamalle High Road, Kilpauk, Chennai 600 010

Tel: 2641-3445, 2641-3446 **Mobile:** 98404-12063 **Hours:** 10:00 am to 6:00 pm, Mon. – Sat.

IMPORTANT: Make sure to bring your passport and your original visa interview appointment notification to both the laboratory and the panel physician's office. You should also bring three visa-type photos for each family member being examined, as well as complete vaccination records for each examinee.

You should expect to pay the following fees:

Each applicant 15 years-old or older will be charged Rs. 700 for a general physical check-up and administration of vaccinations. (This fee does NOT include the actual cost of the vaccines, for which the applicant will also be charged.) In addition, each applicant 15 years-old or older will be expected to pay Rs. 800 for initial laboratory tests. Laboratory fees may range up to Rs. 3300 if additional tests are required. Applicants less than 15 years-old will be charged Rs. 500 for a general physical check-up and administration of vaccinations. (This fee does NOT include the actual cost of the vaccines, for which the applicant will also be charged.) All fees must be paid in cash directly by you to the laboratory or the panel physician. If further tests are advised by the panel physician at the time of your medical examination, you will be expected to bear the related costs. Normally, children under 15 years of age are not required to undergo chest x-rays, blood tests, or HIV anti-body testing, but they must undergo immunizations and a general physical examination.

Medical reports are valid for a period of one year from the date of your medical examination. The examination must be repeated if the report has expired or will expire prior to your entry into the United States.

Reminder: Vaccinations are costly! Be sure to bring complete vaccination records for each immigrant visa applicant when visiting the panel physician, or you risk having to pay up to Rs. 9000 or more per applicant in additional fees.